## SOCIETY OF CRITICAL CARE MEDICINE TEXAS CHAPTER

# Critical Care Corner

**MARCH 2021** 







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# President's Corner

Greetings Texas SCCM Membership,

I am honored to serve as your President for the Texas Chapter this year. I wanted to take a moment and introduce myself. I am currently a full time Acute Care Nurse Practitioner in the ICU at MD Anderson Cancer Center and I work PRN at Houston Methodist Hospital MICU in Houston, Texas. I am also an Assistant Professor of Nursing at the University of Texas Health Science Center at Houston where I teach both in the undergraduate and graduate program. I have been involved with the Texas chapter for a number of years and have served on the board of directors and on the Executive Committee as President-Elect last year.

The year 2020 was tough for all of us. Many of our goals and aspirations for the Chapter were sidelined and our team had to quickly transition our symposium online. Through it all, our chapter continued to hold intermittent programming and we made every effort to give back to our membership. Multiple teams from across the state received cookies and even pizza to lift spirits during these troubling times. We look forward to continuing to offer this benefit for our membership this year.

Our leadership team met in person and virtually last month for our annual brainstorming retreat. We spent several hours planning an exciting year and ways to give back to our membership. I am excited to announce that planning for our annual Symposium has started and we look forward to welcoming everyone to San Antonio in the Fall! I am also pleased to announce that our chapter was awarded a grant to provide Fundamentals of Critical Care Support training to our state. This grant was funded in part by a cooperative agreement with National SCCM and the Centers for Disease Control and Prevention (CDC). More details coming soon.

I wanted to take a moment to thank **Dr. Teresa Allison** for her time spent as Secretary, as well as **Dr. Brandy McKelvy** and **Lisa Cushman** for their dedication and time while serving on the Board of Directors. Congratulations to the newly elected leaders, **Dr. Annette Lista** (President-Elect), **Dr. Laura Blackburn** (Secretary), **Dr. Dharani Narendra** (Board of Directors), and **Brandon Sterling** (Board of Directors). We have several new committee chairs and I look forward to working with all of the leadership team and our members to further our Chapter's mission.

Warm regards,
Daniel Arellano, PhD, RN, APRN, ACNP-BC, CCRN, CEN, CFRN, EMT-P

We are excited to announce that the

## Texas Chapter SCCM Symposium

will occur this Fall 2021 in San Antonio.

We plan to have multi-disciplinary committee members, speakers, and participants with the symposium theme:

#### ICU: It's all about resilience

Additionally, we will focus on critical care hot topics such as resilience during and after the pandemic, administrative topics such as women in critical care, and popular sessions such as critical cross-talk and jeopardy.

#### We look forward to seeing you there!

This year's symposium will be both in-person and virtual to meet the current COVID restrictions and guidelines.

### Communications Committee

The Communications Committee is responsible for the dissemination of information between our chapter and its members. With that being said, we have an Instagram account (@SCCMTXChapter) in addition to other social media platforms. Please follow to see our latest pictures of our events, membership, and any special announcements. We love to share what our members are doing across the state of Texas. So, tag or send us in your pictures! You can tag us on Instagram by using the hashtag #SCCMTexasChapter.

The committee would like to thank **Dr. Annette Lista, PharmD, BCCCP** for leading as chair for the past few years and wish her luck as President-elect of the Chapter.

Given the turnover of a couple members of our committee, I'd like to introduce myself, **Dr. Matt McKenzie, PharmD, BCCCP**, and **Esmeralda** (**Esme**) **Rodriguez**, the two newest members of the Communications Committee.

I recently transitioned to the Chair position with Dr. Lista's support. I am currently a critical careclinical pharmacy specialist in the CVICU and NSICU at Memorial Hermann The Woodlands Medical Center. I completed my PharmD at University of Health Sciences and Pharmacy in St. Louis and critical care residency training at the University of Kentucky Chandler Medical Center. I'm stoked to continue expanding Dr. Lista's work with the Communications Committee in ensuring our Texas members are well-informed and engaged in all Chapter events.

Esme Rodriquez is a graduating P4 student at University of Texas at El Paso School of Pharmacy (UTEP SOP) with interests in critical care and infectious diseases. She looks forward to taking a more active role and learning from everyone she meets in the organization. Welcome, Esme!

We also have several volunteering committee opportunities available. Please email communications@sccmtexaschapter.org if you are interested. Below are the duties expected:

#### **Austin Communication Coordinator:**

Send communications for Austin programming
Work with Programming Committee to collect RSVPs
and prepare sign in sheet for Austin Programming
Average time commitment: 2-3 hours/month

#### Facebook Coordinator:

Work with chair to garner more followers

Post up to date critical care information on our page
in a timely manner that correlates with happenings
within the Chapter around the state
Average time commitment: 1-2 hrs/week

#### **Twitter Coordinator**:

Work with chair to garner more followers

Tweet up to date critical care information on our page in a timely manner that correlates with happenings within the Chapter around the state Average time commitment: 1-2 hrs/week

Please continue to look for our emails (texaschapter.sccm@gmail.com), website (www.sccmtexaschapter.org), Facebook, Twitter (@SCCMTXChapter), and Instagram (@SCCMTXChapter). Please follow us on Facebook, Twitter, and Instagram to stay up to date on each of our events and happenings within the chapter!

## Research Committee

With the start of a new year the research committee is excited to share and to congratulate the winner of the **Alan I. Fields Award**.

Please join us at the annual business/awards meeting for her platform presentation.

Chimeric Antigen Receptor (CAR) Cell Patients Admitted to the ICU:
The CAR-ICU Initiative Experience
Anne Rain Tanner Brown, PharmD, BCCCP, FCCM

We would also like to highly encourage all members to submit for the chapter's **Joseph L. Nates Grant** of \$4000. This is an annual research grant which is intended to support clinical research designed to enhance the care and outcomes of critically ill patients. The application deadline will be coming up in June so start planning your research projects now. Please visit the Society of Critical Care Medicine Texas Chapter home page or http://www.sccmtexaschapter.org/research-grant/ for more information on eligibility, expectations, and the application process.

Finally, in an effort to increase the outreach of the research committee in the coming year we are looking for members who are interested in research to join our team. We are in particular need of nurses, nurse practitioners, respiratory therapists, dieticians, physical or occupational therapists, physicians assistants and other allied health professionals. Please review the information on the SCCM-Texas Chapter website Research tab or contact research@sccmtexaschapter.org for more information on joining the research committee.

## Nominations Committee

Elections for leadership positions for the SCCM Texas Chapter
Executive Council and Board of Directors are now complete. We thank
the chapter for the high number of votes in this year's election and the
many candidates who volunteered to serve the chapter.
Thank you for your participation!

The Chapter would like to thank **Teresa Allison** for her time spent as Secretary for the past two years as well as **Dr. McKelvy** and **Lisa Cushman** for their dedication and time while serving on the Board of Directors the past three years.

The results of the 2021 election are:

#### **Executive Council**

#### **President Elect**

Annette Lista, PharmD, BCCCP

#### Secretary

Laura Blackburn, PharmD, BCPS, BCCCP

#### **Board of Directors**

#### **Physician Seat**

Dharani Narendra, MD, FCCP

#### **Nurse Seat**

Brandon Sterling, APRN, AGACNP-BC, CCRN

If you have any questions about the nominations process, FCCM Mentorship Program, or would like to get involved with the committee please email us at nominations@sccmtexaschapter.org.

## Programs Committee

How exciting it is to hear about so many colleagues and community members being vaccinated over the past few months! What a relief from the surges many of us saw throughout the holidays and subsequent weeks that followed.

With vaccinations of healthcare professionals and declining case numbers, we are pleased to announce we will be hosting our Annual Business Meeting in person for 2021! We will be announcing annual chapter awards and hearing our **Alan I. Fields Award winner, Anne Rain Tanner Brown**, discuss her research.

Many are eager to see each other in person again, including our generous sponsors. The Programs Committee continues to be committed to providing educational and networking opportunities that interest our members. We are grateful to sponsors who have stayed in touch over the past year and are available to support in person meetings in the coming months. Additionally, we will be providing more chapter-sponsored events this year as well. Look for email announcements about upcoming meetings!

#### Annual Business Meeting - Wednesday, March 24, 2021

Sponsor: SCCM Texas Chapter

Locations:

- o Houston Fleming's Prime Steakhouse and Wine Bar River Oaks
- o Dallas Fleming's Prime Steakhouse and Wine Bar Plano
- o San Antonio Fleming's Prime Steakhouse and Wine Bar
- o Austin Fleming's Prime Steakhouse and Wine Bar
- o El Paso Ruth's Chris Steak House

If you have suggestions for presentation topics or speakers, do not hesitate to reach out to your local Programming Coordinators.

Austin: Robert Huff, RN, CCRN - austin@sccmtexaschapter.org

Dallas and Fort Worth: Michael Mandapat, RN - dallas1@sccmtexaschapter.org

El Paso: Susan McLean, MD - elpaso1@sccmtexaschapter.org

Houston: Laura Blackburn, PharmD, BCPS, BCCCP, FCCM -

houston2@sccmtexaschapter.org

San Antonio: Patrick Cullinan, DO, FACOEP, FACOI, FCCM;

Andro Herrera-Mendoza, DBA, RRT-NPS, RPFT, FACHE

sanantonio1@sccmtexaschapter.org; sanantonio2@sccmtexaschapter.org

## Membership Committee

The Membership Committee has many new initiatives planned for this year that we cannot wait to share with you.

In the meantime, we are looking for a volunteer who has digital graphic talents. We would love help in revamping our membership flyer and creating recruitment material for our social media platforms (Instagram, Facebook, and Twitter).

If you are interested, please email membership@sccmtexaschapter.org for more details.

As far as membership numbers, we are privileged to have an astounding 540 members in our chapter including 37 Fellows of Critical Care Medicine (FCCM) and 2 Masters of Critical Care Medicine (MCCM). We thank you for continuing to support and promote our Texas Chapter.

## **Awards Committee**

The awards committee's mission is to acknowledge SCCM Texas Chapter members for their accomplishments and contributions to the care of critically ill patients throughout the previous year. We accomplish the mission by:

- 1. Developing the online nomination process
- 2. Reviewing submitted nominations
- 3. Selecting award recipients
- 4. Reviewing and revising the process for the following year

#### SCCM Texas Chapter Awards include the following:

- 1. Outstanding Member Award (awarded to one member from each of the Dallas, Houston, El Paso, San Antonio, and "Other Texas" areas)
- 2. Excellence in Service Award (one award for each category)
  - a. Education
  - b. Clinical Practice
  - c. Research/Quality Improvement
- 3. Professional Development Award (five awards)

This year has been challenging, but we will get through it together gracefully.

Our Outstanding Member Nominees have excelled despite the challenging circumstances, and we are honored to recognize them. Stay tuned for the award winners' announcement.

Congratulations to all of the winners and nominees!

Please allow me to introduce myself formally, my name is **Sheila Lightfoot**, and I recently transitioned to the Awards Committee Chairperson (with **Ashley Selby**'s full support). We all sincerely thank Ashley for her service and her decision to participate in the Awards committee actively. It is an honor to be able to serve as Chairperson with Ashley's mentorship. I am currently employed at CHI Baylor St. Luke's Health, in Houston, as a Critical Care Education Specialist in the Medical and Medical-Surgical ICU and as adjunct faculty in academia. I decided to build upon my master's degree in Nursing Education and continue my journey in pursuit of my Doctoral degree pending completion in December 2021. Yippee! I am incredibly excited about the opportunities that will open in the realm of translating research into clinical practice and I am grateful to be able to chair the Awards Committee.

If you have any questions, please contact the committee chair at awards@sccmtexaschapter.org.



The committee is working on activities to reach out to the community in general.

We hope to **create recorded heath related information** for online viewing for providers and laypersons alike.

In addition to recorded PSAs, we hope to have some in person activities such as **CPR/choking and Stop the Bleed**.

We have also been tasked with the organizing the **Fundamentals of Critical Care Support**, a course designed to educate providers in the management of critically ill and injured patients in the first 24 hours in the absence of an intensivist.

Our Texas Chapter earned funding for this project through an award from the U.S. Centers for Disease Control and Prevention and a grant received from the Edwards Lifesciences Foundation.

This opportunity was made available through application for sites in low-resource, underserved areas of the US. More information regarding the course is forthcoming.

We are in the planning phase for the year and welcome any Texas Chapter member interested in participating to contact me at

communityengagement@sccmtexaschapter.org or Darrell Alley at pastpresident12@sccmtexaschapter.org.



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