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Happy Holidays SCCM Texas Chapter Members!

This will be my final column as we close out the year with many accomplishments with regards to goals we set earlier in the year. We officially expanded our programming to the Austin area and are still working on increasing our presence there. A Community Engagement Committee was successfully created to promote opportunities to engage our members in public health learning activities as well as support local community agencies. In addition, our symposium committee worked to support critical care conferences that our Texas colleagues organize throughout the year.

We were able to be directly involved or support over 5 local Texas conferences and also once again hosted a very successful and engaging Texas Chapter Symposium for the 8th year in a row. We had many wonderful talks from our colleagues and critical care experts throughout Texas who presented to most recent updates on a variety of critical care topics. Our past-president, Mary Lou Warren closed out the symposium with a trending lecture on burnout, which highlights the need to find outlets for stress and moral injury.

I strongly believe that community engagement is integral to avoiding burnout to establish a continued sense of community, and as such, with the creation of our Community Engagement Committee this year, we aim to provide just that for our Texas Chapter members. From the pre-symposium RESCUE event, to the fundraising challenge, we have provided opportunities for our members to give back to the community and hope to incorporate charitable giving and fundraising events in conjunction with our holiday socials in each region throughout Texas. We hope that you will join us or provide input if you have ideas on how to make these events a success throughout the holiday season.

In addition, I would encourage all of you to acknowledge and nominate yourself and your peers for the work you do for the chapter and improving the care of your critically ill patients through research, clinical practice, and education. We recognize our members throughout Texas on a yearly basis and rely on nominations to do so. We are also in the process of filling open positions on the Board of Directors and Executive Committee so please be sure to vote when the ballot is sent out.

Finally, the SCCM Annual Congress will be held in Orlando, Florida in February of 2020. Please be sure to join us for the Texas Chapter Business Meeting and Reception on Sunday, February 16th from 4:30-6:30 pm at the Hyatt Regency Orlando and also for the American College of Critical Care Medicine Convocation on Monday, February 17th where several of our members will be inducted into the College as Fellows of Critical Care Medicine (FCCM).

Happy holidays and we hope to see you at Texas Chapter functions in 2020.

Anne Rain T. Brown, PharmD, BCPS, BCCCP
President, SCCM Texas Chapter
The SCCM Texas Chapter held its 8th Annual Symposium, The Changing Continuum of Critical Care, on October 11th and 12th, 2019 at the Marriott Marquis Houston in Houston, TX. The Texas Chapter proudly hosted 19 speakers from all over Texas. Programming was attended by over 75 clinicians, volunteers, vendor partners, and speakers who earned continuing education for their participation. Highlights of the conference included a Keynote given by SCCM Past President, Dr. Jerry Zimmerman, and an ICU Patient Survivor Experience. The Symposium also held 9 research snapshot presentations. We want to thank all of our Symposium Committee members, Committee chairs, and volunteers who made it a huge success!

Check out the SCCM Texas Chapter 2019 Annual Symposium website at https://www.sccmtexaschapter.org/2019-annual-symposium/ to get access to selected presentations.

The Symposium Committee is already starting to plan the 9th Annual Symposium for Fall 2020 and needs your help!

Please email symposium@sccmtexaschapter.org if you are interested in any of the following volunteer opportunities, please visit: https://www.sccmtexaschapter.org/volunteer-opportunities/

- Symposium Committee Chair
- Symposium Committee Vice Chair
- Symposium Committee Member
- Symposium Planning Charge Representative
The Communications Committee is responsible for the dissemination of information between our chapter and its members. With that being said, we have created an Instagram account (@SCCMTXChapter)! Please follow to see our latest pictures of our events, membership, and any special announcements. Did you stop by our recent community engagement event? Have you attended the SCCM Texas Chapter Symposium? Did you enjoy the most recent evening educational programming in your area? We love to share what our members are doing across the state of Texas. So, tag us in your pictures! You can tag us on Instagram by using the hashtag #SCCMTexasChapter.

I'd also like to welcome one of our new volunteers, Janelle Hickey! Janelle will be serving as the new website coordinator for the SCCM Texas Chapter. Janelle is a clinical pharmacist at Medical City Las Colinas and have worked in the intensive care unit for 6 years. She is part of the Dallas Fort Worth area and looks forward to promoting professional development with her Texas Critical Care colleagues.

Please continue to look for our emails (texaschapter.sccm@gmail.com), website (www.sccmtexaschapter.org), Facebook, Twitter (@SCCMTXChapter), and now Instagram (@SCCMTXChapter) for meeting announcements and general organizational communications. Don't forget to follow us on Facebook, Twitter, and Instagram!
RESEARCH COMMITTEE
MICHELLE HORNG, PHARMD, BCPS, BCCCP

SYMPOSIUM
We received many high quality abstracts for the SCCM Texas Chapter Symposium this year, and were able to highlight 10 research studies and 2 case reports during the Research Snapshot Theatre Presentations. The winner of this year’s Symposium award went to Dr. Gabrielle Hatton for her abstract, “Positive Fluid Balance is Independently and Incrementally Associated with Increased Acute Kidney Injury after Severe Trauma.” Thank you to the following research committee members for their hard work and dedication to reviewing the SCCM Texas Chapter Symposium research abstracts this year: Moeezullah Beg, MD, Jennifer Gass, PharmD, Deepa Gotur, MD, Chelsea Krueger, PharmD, Arun Saini, MD, Anatha Vellipuram, MD, and Matthew Wanat, PharmD. And thank you to our following symposium moderators: Marian Gaviola, PharmD, Matt Wanat, PharmD, and Susan Mclean, MD.

ALAN I. FIELDS
The portal for submitting an abstract for consideration for the Alan I. Fields award has closed. We are currently in the process of reviewing the high quality abstracts we have received. The Alan I. Fields Award will be presented to two members of the SCCM Texas Chapter for their scholarly work. There is one award for a critical care trainee or practitioner with less than 2 years of experience, and one to a practitioner with 2 or more years of experience. Recipients will receive up to $1250 to be utilized for attending the SCCM Annual Congress.

RESEARCH GRANT
We would like to encourage all members to submit for the chapter’s research grant of $4000. This annual research grant is intended for clinical research designed to enhance the care and outcomes of critically ill patients. The application deadline will be in early May 2020. Please look out for more detailed information to come in the March newsletter.

Please review the information on the SCCM-Texas Chapter website Research tab or contact research@sccmtexaschapter.org for more information on the research committee.
GET TO KNOW YOUR BOARD OF DIRECTORS

Each newsletter will feature 3-4 members of our SCCM Board of Directors (BOD). See September 2019’s newsletter for Daniel Arellano, Brian Dee, and Brandy McKelvy.

CHRISTIANE PERME, PT, CCS, FCCM
BOD Position: Allied Health
Job Title: Clinical Development Specialist
Hospital: Houston Methodist Hospital, Houston, TX
SCCM Texas Chapter member: "Very long time..."
What do you enjoy about being a SCCM Texas Chapter member? The ability to network with clinicians from different disciplines who have expertise in critical care
Favorite Hobbies: Swimming

LISA BEIL, MSN, APRN, AGACNP-BC, ACNS-BC
BOD Position: Nurse
Job Title: Advanced Practice Provider
Hospital: MD Anderson Cancer Center, Houston, TX
SCCM Texas Chapter member: 8 years
What do you enjoy about being a SCCM Texas Chapter member? The collaboration and networking among other multidisciplinary critical care providers
Favorite Hobbies: Hiking, reading, yoga

ALI SEIFI, MD, FACP
BOD Position: At-Large
Job Title: Associate Professor of Neurosurgery, Director of Neuro ICU
Hospital: University of Texas Health Science Center, San Antonio, TX
SCCM Texas Chapter member: 8 years
What do you enjoy about being a SCCM Texas Chapter member? It is rewarding to be in close collaboration with my critical care colleagues at the SCCM Texas chapter. This has improved our ICU practice
Favorite Hobbies: Music, hiking, social activities
NOMINATIONS COMMITTEE UPDATE

Rebecca Attridge, PharmD, MSc, BCPS

Nominations for the The Society of Critical Care Medicine Texas Chapter Leadership positions are now closed. The ballot is being finalized by the Nominations Committee, Executive Committee and Board of Directors. Voting will be open soon for the following positions:

Executive Committee:
1. President-elect
2. Treasurer

Board of Directors:
1. Physician seat
2. At-Large seat

Please look out for online voting in the next few weeks! The elected members for each position will be announced in early 2020.

Please email us at nominations@sccmtexaschapter.org if you would like more information.
PROGRAM COMMITTEE UPDATE

Andro Herrera-Mendoza, DBA, RRT-NPS, RPFT, FACHE

Happy Holidays! The Programing Committee enjoyed an active Fall programing schedule and with the New Year fast approaching, looks forward to a new season of Adult and Pediatric Critical Care programming throughout all our member regions. In 2019, we instituted Lunch and Learn programs designed to provide another convenient format to engage our members. For example, our upcoming Lunch and Learn features a weblink that will allow our members throughout the State to participate. So, if you have not had an opportunity to attend a local program, I encourage all members to utilize their member-benefit by attending and gaining insight into new modalities and treatment interventions being practiced in critical care medicine today.

<table>
<thead>
<tr>
<th>Date</th>
<th>City</th>
<th>Location</th>
<th>Topic</th>
<th>Speaker</th>
<th>Sponsor</th>
</tr>
</thead>
<tbody>
<tr>
<td>9/12/19</td>
<td>San Antonio</td>
<td>J. Prime</td>
<td>Sepsis</td>
<td>Mark Williams, MD</td>
<td>La Jolla Pharmaceutical Company</td>
</tr>
<tr>
<td>9/18/19</td>
<td>Houston</td>
<td>Cancel</td>
<td>N/A</td>
<td>N/A</td>
<td>Merck</td>
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<tr>
<td>9/19/19</td>
<td>Dallas</td>
<td>Brennan’s</td>
<td>A Treatment Option for HABP/VABP</td>
<td>Amesh Adalja, MD</td>
<td>Merck</td>
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<tr>
<td>9/25/19</td>
<td>El Paso</td>
<td>Café Central</td>
<td>Novel Developments to Increase MAP in Sepsis</td>
<td>David Warren Boldt, M.D., M.S.</td>
<td>La Jolla Pharmaceutical Company</td>
</tr>
<tr>
<td>10/17/19</td>
<td>Dallas</td>
<td>Eddie V’s</td>
<td>Advanced Heart Failure</td>
<td>Clay Cauthen, MD</td>
<td>Novartis</td>
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<tr>
<td>10/23/19</td>
<td>Houston</td>
<td>Vic &amp; Anthony’s</td>
<td>Angiotension III</td>
<td>Samir Awad</td>
<td>La Jolla Pharmaceutical Company</td>
</tr>
<tr>
<td>10/24/19</td>
<td>San Antonio</td>
<td>La Fonda on Main</td>
<td>Aortic Aneurysym</td>
<td>Kim De la Cruz</td>
<td>SCCM Texas Chapter</td>
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<tr>
<td>10/24/19</td>
<td>El Paso</td>
<td>West Texas Chophouse</td>
<td>Nasal High Flow Therapy in the Critical Care Setting</td>
<td>Brian Carlin, M.D</td>
<td>Fisher &amp; Paykel Healthcare</td>
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<tr>
<td>11/13/19</td>
<td>Houston</td>
<td>Brennan’s</td>
<td>A Treatment Option for HABP/VABP</td>
<td>N/A</td>
<td>Merck</td>
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<tr>
<td>11/14/19</td>
<td>Dallas</td>
<td>III Forks</td>
<td>Invasive Mold Infections</td>
<td>Cedric Spak, MD</td>
<td>Astellas Pharma US, Inc.</td>
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<tr>
<td>12/18/19</td>
<td>Houston</td>
<td>Company - Beer Garden and Restaurant</td>
<td>Houston Area Holiday Social!</td>
<td>Networking Social</td>
<td>SCCM Texas Chapter</td>
</tr>
<tr>
<td>12/19/19</td>
<td>San Antonio</td>
<td>Fleming’s Prime Steakhouse</td>
<td>Updates in Neuro Critical Care (Acute &amp; Acquired</td>
<td>Shaheryar Hafeez, M.D</td>
<td>SCCM Texas Chapter</td>
</tr>
</tbody>
</table>

The Program Committee welcomes members interested in planning future chapter meetings and events! We also welcome ideas or suggestions you may have for programming across the state. If you are interested in becoming actively involved in the Program Committee, please contact Andro Herrera-Mendoza, at programs@sccmtexaschapter.org.
The Texas chapter membership is currently at approximately 675 members. The transition of our membership renewals and sign-ups to national SCCM should be ironing itself out. For specifics on how to renew, please visit our website at: www.sccmtexaschapter.org/how-to-join-renew. If you have any difficulties with the new process, please don’t hesitate to contact the membership chair at membership@sccmtexaschapter.org for assistance.

Lastly, time is running out for membership referrals! You have until December 31st to get your membership referrals in. As a reminder, you must refer 3 new members (if you are a national SCCM member) or 4 new members (if you are not a national SCCM member) to receive a free 1-year Texas Chapter membership (value of $45). All referrals must be emailed to the membership chair by December 31st.
The Awards Committee has been patiently waiting on nominations. The nominations have been sparse and as a result of that, we are extending the local chapter Awards submissions to **DECEMBER 17, 2019**! I am encouraging the chairs of committees, committee members, and the Executive Committee members to submit one member for an award. This is an **opportunity to recognize members** of our chapter that go above and beyond in volunteerism in an effort to: contribute to the growth of the chapter, develop their leadership skills; promote interprofessional collaboration, learn, network and possibly be the future leaders of the SCCM Texas Chapter!

**Outstanding Member Award:**
This recognition will be awarded to one member from each of the Houston, San Antonio, Dallas, and “Other Texas” areas for their contributions to the chapter. Individuals on the Board of Directors or Executive Committee as well as Committee Chairs and Co-chairs are not eligible. Nominees for the Outstanding Member Award must demonstrate the following:

1. Active participation in chapter activities (committees, symposium planning, etc)
2. Active attendance at chapter meetings
3. Active attempts of recruiting new members

**Excellence in Service Award (3 categories):**
This recognition will be awarded to chapter members for their contributions to critically ill and injured patients. One award will be distributed in each of the following three areas:

1. Education
2. Clinical Practice
3. Research/Quality Improvement activities

Nominations for the Excellence in Service Award must provide specific details/examples supporting the nominee’s recent involvement related to the award category selected. An individual can only be nominated for one category.

**Online Application:** [Https://sccmtexaschapter.formstack.com/forms/annual_awards](https://sccmtexaschapter.formstack.com/forms/annual_awards)
COMMUNITY ENGAGEMENT COMMITTEE UPDATE

Chair, Ad-Interim: Mary Lou Warren, DNP, RN, CNS-CC, FCCM
Chair: Vicky Fan, PA-C

We first want to introduce the new Chair for the committee. Vicky Fan is a Physician Assistant currently working with pediatric intensive care patients in The Woodlands, Texas. She was instrumental in the planning of the recent RESCUE event held on October 10, 2019 as a precursor to the symposium. Vicky is energetic and enthusiastic to become more involved with the chapter and is excited to continue the momentum of the committee in 2020. Welcome, Vicky!

In regards to the RESCUE (Responding to Emergencies and Simple CPR Understanding for Everyone) event which was held at Discovery Green in Houston, we had between 75 and 100 people visit us and gain knowledge and practice in adult, children, and pediatric CPR; Stop the Bleed; and infant choking. Special thanks to the event coordinator, Daniel Arellano, as well as the activity coordinators, Darrell Alley, Riza Mauricio and Vicky Fan. The event can now serve as a model for other regions in Texas.

Our final project for the year is to coordinate with the Program Committee as they are planning their social events throughout the state. We are encouraging the Program Coordinators to pair these events with an initiative to serve a local agency such as with a toy drive, food drive, or other need.

If you are interested in being a member of the Community Engagement Committee, please email the chair at communityengagement@sccmtexaschapter.org. We especially need volunteers outside of the Houston area so that we can extend the RESCUE event to other areas of the state.