Overutilization and Routine Non-emergent Use of the Emergency Departments.

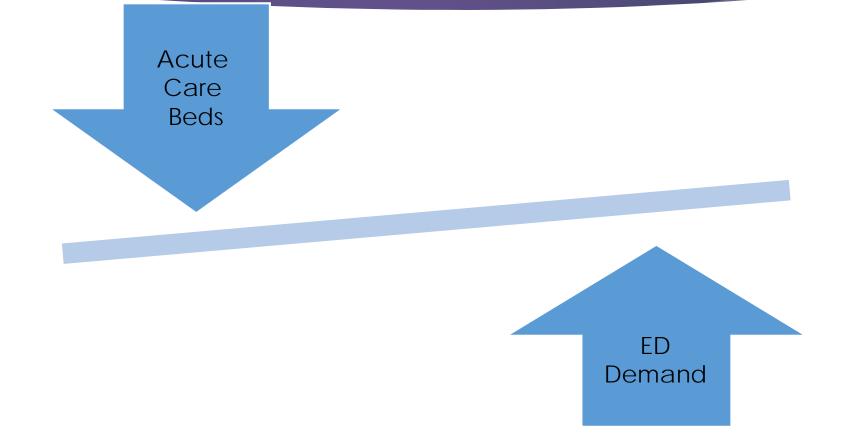
PUNEET FREIBOTT, DNP, RN, CCRN-K, NEA-BC

Objectives

Identify measures to facilitate Emergency Department throughput for non-emergent cases

Outline follow-up programs to decrease readmission of the critically ill

State of Emergency Rooms in United States



Access to Care Limitations

for t O service due Ð \mathcal{O} \square Patients utilize E \bigcirc 0 0 $\overline{\mathbb{O}}$ non-(↓ availability of primary care physicians/appointments

The "not in your insurance plan patients"

Escalating diagnostic and evaluation tests

ED expectations and perceptions (Costs, Safety net)

"Go to the ER if you have any problems"

Emergency Department Throughput

ED throughput: patient movement from ED arrival to ED departure

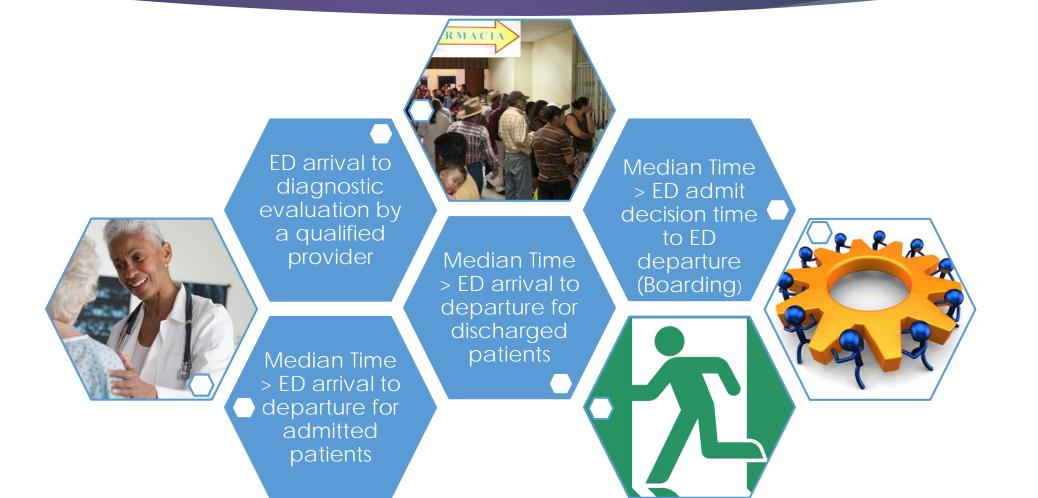
Impact factors

- ED capacity
- ED patient census
- Acuity of patients
- Extensive diagnostic tests
- ED Physician and Nursing staffing
- Effectiveness and efficiency of other ancillary support departments (CT, MRI, Lab, Ultrasound, Non Invasive Cardiology, Nuclear Medicine, On-Call Schedules)

Effects of Overcrowding in the ED



Emergency Room Metrics



Clinical Outcomes of Non-emergent Cases

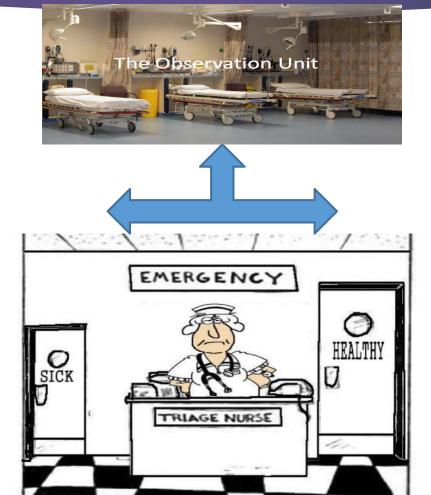
Delay of treatment Fragmented

treatment

Negative Patient Health Outcomes Higher Return Rates

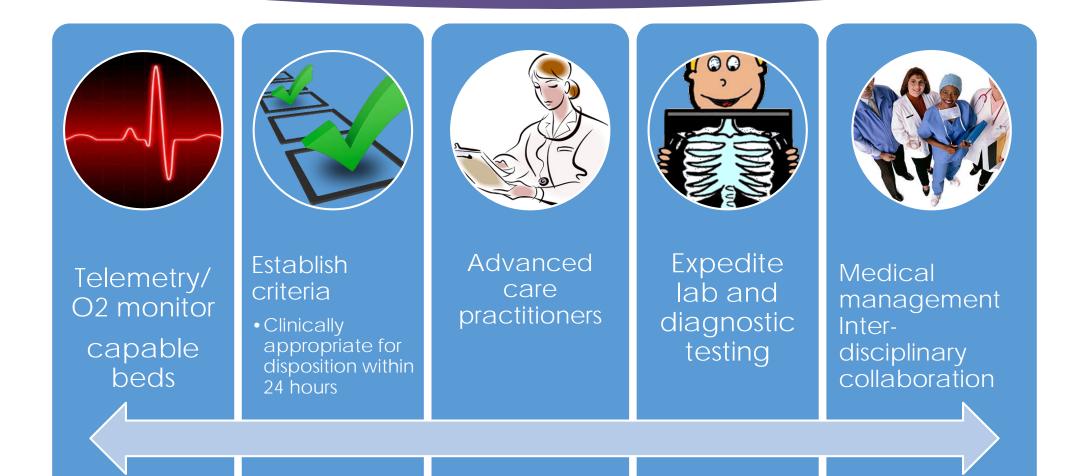
Alternative Routes Through ED: Comprehensive Care Model



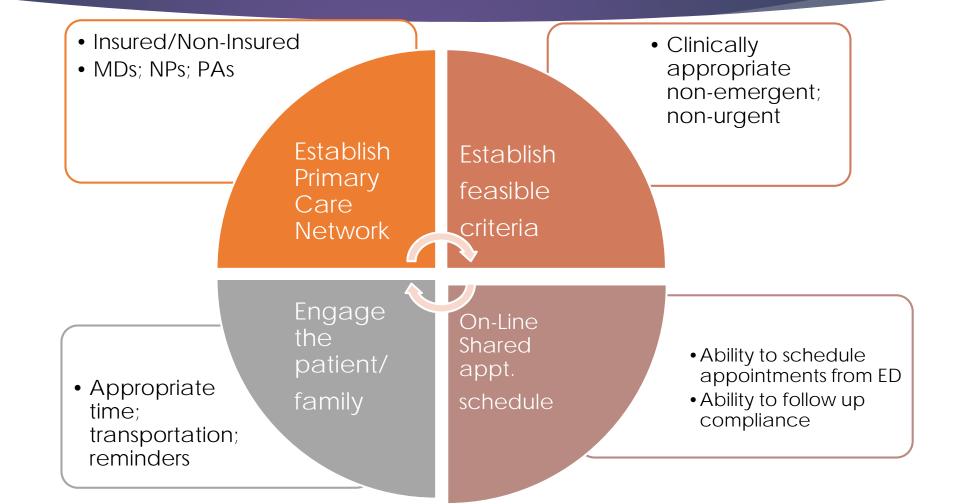




Alternative Routes Through ED: Observation Unit



Alternative Routes Through ED: Primary Medical Clinic



Alternative Routes Through ED: Outpatient/Specialists

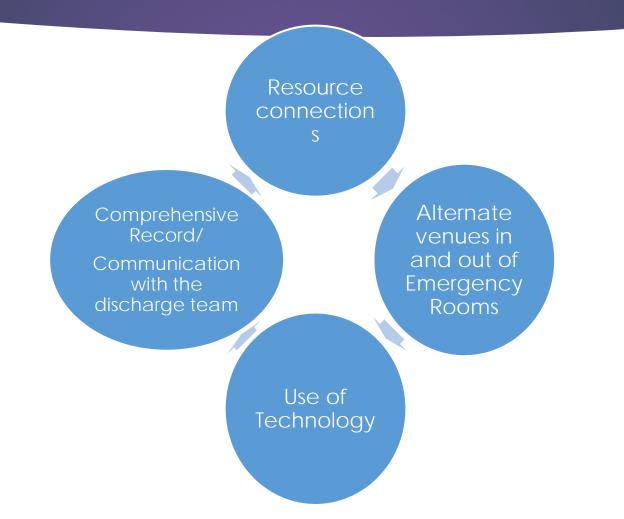
Navigate patients to right care

- Mental health clinics
- Dialysis Centers
- Diabetes Clinics
- Eye Clinics
- Dental Clinics

Outpatient Centers

- Radiology
- Laboratory

Care after Discharge for Critically ill Patients



Resource Connections





Leverage technology as post-discharge care tool

Care coordination and communication platforms



Discharge phone calls



Fall Prevention and Home Modification



Health and Wellness Resources



Nutritional Services

Utilizing Technology after Discharge

Voice recording/Youtube videos of discharge instructions and home medications. The use of telemedicine, interactive web services and video calls for follow up care Social media, email, text messaging

 Tracking appointments, recovery progress via pics & tweets Engaging community resources for follow up care

 Local Fire Departments/ Volunteer Groups









Learning Assessment: Question 1

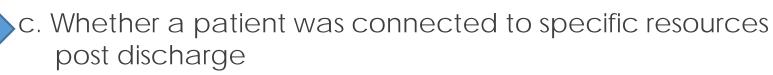
Emergency Rooms can refer patients out of the ED without being evaluated by a licensed personnel

a. True b. False

Learning Assessment: Question 2

Which one is not part of the CMS imposed ED Metric for discharged patients?

- a. Median time from ED arrival to diagnostic evaluation by a qualified provider
- b. Median time of ED arrival to ED departure



Questions?





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